



Mental Health Advocate and Speaker

POET ON THE SPECTRUM CHELSEA DEVRIES

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Chelsea DeVries wanted to be a writer at the age of 7. Her first publishing credit came at the age of 14 with a poem in a student anthology. She then wrote nonstop while doing IB classes in high school. She published two YA novels while still in high school which after over 10 years she rewrote as a NA romance that she looks to put out as her next publication. She is a seeker of justice and uses her words to free this world's outcasted, peculiar, and underdogs from the chains that bind them. When not writing she runs and does PR for authors and musicians with her bookish brand The Smart Cookie Philes. Though she's Florida born and raised, she has New Jersey in her veins. She currently lives in Hudson, FL with her squad of two dogs. You can follow her on Instagram and TikTok at @chelsealynnpoetry, and her squad at @dasquad26. In October 2020, DeVries was diagnosed with Asperger's Syndrome which is a form of Autism.

For Immediate Release

July 17, 2023

Chelsea DeVries

Publicist

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Sticks and Stones Now available in Audiobook Format

Put together by Audiobook Network, the poetry collection *Sticks and Stones* that won book of the year in Poetry by OnlineBookclub.org is now available in audiobook format on various audio retailers. The Full Story Edition with themes of mental health and loving the person you are is narrated on the audiobook version by Ashton Haughen. Her voice work adds a personal and pulling perspective to the poetry that packs even more power than when read individually by the reader in either e-book and hardcover format. You can purchase the audiobook on Audible, Amazon, and Itunes. It's run time is three hours and three minutes and was officially published on July 11, 2023. Fall in love with the raw honest and emotional words of the poet while also learning to accept your own truths and relearning and empowering yourself to love yourself for exactly who you are.

About The Book: In *Sticks and Stones*, DeVries paints a poetic picture of rising above toxicity, love found and love lost, and delves into what it means to find strength in the human spirit. Through poetry, the reader finds a voice of strength and the rebuilding of one's heart a home with all the sticks and stones thrown upon it. Newly expanded with more full color photos, 41 new poems, and a rewrite of *Drowning in An Ocean of No Tomorrows*, DeVries shows a full poetic picture of turning pain into poetry in order so you can rise above whatever is pulling you under.

About the Author: Chelsea DeVries wanted to be a writer at the age of 7. Her first publishing credit came at the age of 14 with a poem in a student anthology. She then wrote nonstop while doing IB classes in high school. She published two YA novels while still in high school which after over 10 years she rewrote as a NA romance that she looks to put out as her next publication. She is a seeker of justice and uses her words to free this world's outcasted, peculiar, and underdogs from the chains that bind them. When not writing she runs and does PR for authors and musicians with her bookish brand The Smart Cookie Philes. Though she's Florida born and raised, she has New Jersey in her veins. She currently lives in Hudson, FL with her squad of two dogs. You can follow her on Instagram and TikTok at @chelsealynnpoetry, and her squad at @dasquad26. In October 2020, DeVries was diagnosed with Asperger's Syndrome which is a form of Autism.

For Immediate Release

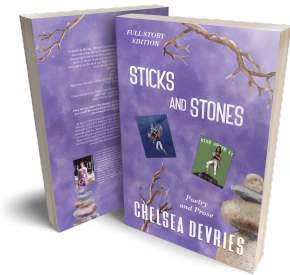
April 12, 2023

Chelsea DeVries

Publicist

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Sticks and Stones Mental Health Month Tour



Chelsea DeVries, author of *Sticks and Stones*, is going on a 3 stop book tour. On May 6, 2023, DeVries will appear at the Community Appreciation Event at the Gulf View Square Mall, 9409 US 19 Port Richey, FL 34668, from 11 a.m.-4 p.m. She will be selling her poetry stanza artwork and copies of her award-winning poetry collection *Sticks and Stones*.

On May 10, 2023, DeVries will appear at the Spring Hill Library 9220 Spring Hill Drive Spring Hill, FL 34608 from 3-5 p.m. for a poetry reading and presentation of her collection *Sticks and Stones: Full Story Edition*. On May 24, 2023 DeVries will appear at

New Port Richey Public Library 5939 Main Street, New Port Richey, FL 34652 from 3-5 p.m. Books will be available to purchase at this event on May 24. Past appearances for *Sticks and Stones* Poetry readings include Centennial Park Library, Hudson Library, and Neat Coffee Bar. For more information about each event, please email

chelseadevries@thesmartcookiephiles.com

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For Immediate Release

September 4, 2022

Chelsea DeVries

Publicist

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Author of Sticks and Stones wins Finalist place in Art Contest

Chelsea DeVries, author of Sticks and Stones: Full Story Edition, was recently named a finalist in a Art Show International Figurative art contest. Her piece “Drowning in an Ocean of No Tomorrows” was



awarded the prize.

For more on the list of winner's, visit [here](#). To purchase this art piece, visit the author's etsy shop [here](#).

Author Bio:

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About Art Show International: A virtual online art gallery soon to be housed in a physical location in Los Angeles, CA. check out artshowinternational.com for more information.

For Immediate Release

May 31, 2022

Chelsea DeVries, Publicist

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Sticks & Stones is a Four Time Best-selling Poetry Collection

Upon first releasing the poetry collection in 2020 during a pandemic, Sticks & Stones has now charted on Amazon Kindle Top 100 in Inspirational and Religious Poetry four times. The first was on Amazon India at #54 which held for an entire month following the release of the collection. The second time was on Amazon Canada at #11 upon releasing the Full Story Edition, the third was on Amazon US at #67 and the fourth time was #74 on Amazon US alongside other world renowned poets in that category such as Rupi Kaur and Morgan Richard Olivier. DeVries just held her first LIVE poetry reading last week on May 25, 2022 in Pasco County, FL in conjunction with Mental Health Awareness Month.

About The Book: In Sticks and Stones, DeVries paints a poetic picture of rising above toxicity, love found and love lost, and delves into what it means to find strength in the human spirit. Through poetry, the reader finds a voice of strength and the rebuilding of one's heart a home with all the sticks and stones thrown upon it. Newly expanded with more full color photos, 41 new poems, and a rewrite of Drowning in An Ocean of No Tomorrows, DeVries shows a full poetic picture of turning pain into poetry in order so you can rise above whatever is pulling you under.

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For Immediate Release

June 23, 2022

Chelsea DeVries, Publicist

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Author of 'Sticks & Stones' Interviewed on Podcast Themed Around Resilience

Chou Hallegra, mental health consultant and owner of grace & hope consulting, recently interviewed Chelsea DeVries on *The Grace & Hope Consulting Podcast*. The 17 minute episode is focused on DeVries's experience working in a toxic workplace and how it impacted her mental health but yet she found the strength to overcome from that experience by writing and compiling her poetry collection *Sticks and Stones: Full Story Edition*. This episode is available [here](#) or on Apple Podcasts, Spotify, and Google Podcasts.

About The Podcast: This podcast is an outreach marketing effort expanded on Grace & Hope Consulting, LLC is a person-centered and community-focused company providing mental health, personal development, and inclusion supports to individuals, families, organizations, churches, and communities. Through consulting, counseling, coaching, training, writing, and publishing, we help individuals achieve mental and emotional wellness, reach their full potential, and live fulfilling lives. We are committed to promoting social-emotional learning, human potential, diversity, inclusion and belonging. Find out more at www.graceandhopeconsulting.com

About the Author: Chelsea DeVries wanted to be a writer at the age of 7. Her first publishing credit came at the age of 14 with a poem in a student anthology. She then wrote nonstop while doing IB classes in high school. She published two YA novels while still in high school which after over 10 years she rewrote as a NA romance that she looks to put out as her next publication. She is a seeker of justice and uses her words to free this world's outcasted, peculiar, and underdogs from the chains that bind them. When not writing she runs and does PR for authors and musicians with her

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For Immediate Release

January 6, 2022

Chelsea DeVries, Publicist

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Sticks and Stones Turns Pain Into Poetry

They tell you about the dangers of riptide but no one warns you that you could be swept down into the riptide of who someone else is.

-Drowning In An Ocean of No Tomorrows



In *Sticks and Stones*, DeVries uses poetry to paint a poetic picture of her experience working in a toxic workplace, toxicity and bullying she faced in her youth, her struggles with anxiety and depression due to undiagnosed Asperger's, and turning the pain of love and heartbreak into poetry to help any reader find the strength to overcome whatever is pulling them under. **The book is available in hardcover and ebook wherever books are sold but in the US at Amazon, Etsy, Barnes and Noble, Walmart.com, and Target.com.**

About the Book: In *Sticks and Stones*, DeVries paints a poetic picture of rising above toxicity, love found and love lost, and delves into what it means to find strength in the human spirit. Through poetry, the reader finds a voice of strength and the rebuilding of one's heart a home with all the sticks and stones thrown upon it. Newly expanded with more full color photos, 41 new poems, and a rewrite of *Drowning in An Ocean of No Tomorrows*, DeVries shows a full poetic picture of turning pain into poetry in order so you can rise above whatever is pulling you under.

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For Immediate Release

April 18, 2022

Chelsea DeVries

Publicist

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Chelsea DeVries to give Author Talk at Centennial Park Library Author To Read Poems From Her Collection 'Sticks and Stones'

Chelsea DeVries, local poet and author of Sticks and Stones Poetry and Prose: Full Story Edition will do a reading/discussion or author talk at the Centennial Park Library on Wednesday May 25, 2022 from 4-5:55 p.m. A small signing will follow the live reading and discussion of her poetry. The author talk event is Chelsea DeVries's first live local appearance regarding her poetry collection that details the story of her experience working in a toxic workplace with themes of mental health, suicide, love and heartbreak. The Centennial Library is hosting her during May in order to honor Mental Health Month, and the library is located at 5740 Moog Rd, Holiday, FL 34690. For more about the event, visit <https://pascolibraries.evanced.info/signup/calendar?&lib=1> or contact Chelsea DeVries at chelseadevries@thesmartcookiephiles.com

About The Book: In Sticks and Stones, DeVries paints a poetic picture of rising above toxicity, love found and love lost, and delves into what it means to find strength in the human spirit. Through poetry, the reader finds a voice of strength and the rebuilding of one's heart a home with all the sticks and stones thrown upon it. Newly expanded with more full color photos, 41 new poems, and a rewrite of Drowning in An Ocean of No Tomorrows, DeVries shows a full poetic picture of turning pain into poetry in order so you can rise above whatever is pulling you under.

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For Immediate Release

January 1, 2022

Chelsea DeVries, Publicist

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Sticks and Stones wins 2021 Book of The Year in Poetry from OnlineBookClub.org

Sticks and stones by Chelsea DeVries, which is a collection of prose and poetry for anyone healing from a painful experience bringing up themes of mental health, suicide, and love and heartbreak, voted by fans and readers, the poetry collection took the title of **2021 Book of the Year in Drama & Poetry by OnlineBookClub.org**.

The book is available in both hardcover and ebook wherever books are sold.

About the Book: In Sticks and Stones, DeVries paints a poetic picture of rising above toxicity, love found and love lost, and delves into what it means to find strength in the human spirit. Through poetry, the reader finds a voice of strength and the rebuilding of one's heart a home with all the sticks and stones thrown upon it.

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For Immediate Release

May 15 2021

Chelsea DeVries

Publicist

chelseadevries@thesmartcookiephiles.com

Chelsea DeVries to appear at Kyngdom Tearzz Open Mic Night

Do you love poetry? Well, join Beauty N' Barzz as we come together and captivate one another on an evening filled with expression, and art. The event takes place on Zoom on May 22, 2021 from 7-10 p.m. est (4:00 p.m. -7:00p.m. MT). All are welcome to attend via the Zoom link on the Eventbrite page for the event found [here](#). If interested in also performing your poetry, please contact Beauty N' Barzz at kyngdomtearzz@gmail.com.

About the event: Did you attend "The Art of Melanin" poetry night for Black History Month?? Well if you DID NOT, you don't want to miss this! Per request, Kyngdom Tearzz is having an open mic night that will be held continuously throughout the year. Are you ready for a Kyngdom time? Do you want to laugh, express yourself, fellowship and mesmerize people all over the world with your art? Do you have a love for poetry, or maybe you are just in need of a bit of inspiration? Well you've come to the right place. A safe place, to motivate, captivate, communicate and elevate. So why wait?? JOIN US!

About the author: Chelsea DeVries wanted to be a writer at the age of 7. Her first publishing credit came at the age of 14 with a poem in a student anthology. She then wrote nonstop while doing IB classes in high school. She published two YA novels while still in high school which after over 10 years she rewrote as a NA romance that she looks to put out in the coming year. She is a seeker of justice and uses her words to free this world's outcasted, peculiar, and underdogs from the chains that bind them. When not writing she runs and does PR for authors and musicians with her bookish brand The Smart Cookie Philes. Though she's Florida born and raised, she has New Jersey in her veins. She currently lives in Port Richey, FL with her squad of three dogs. You can follow her on Instagram and Facebook at [@onegirlrevolution26_](#), and her squad at [@dasquad26](#). In October 2020, DeVries was diagnosed with Asperger's Syndrome which is a form of Autism.

For more information on Kyngdom Tearzz and this open mic night event, please contact Beauty N' Barzz at kyngdomtearzz@gmail.com For press or media inquiries regarding Chelsea DeVries including scheduling her for your next poetry reading or festival, contact her at smartcookiepr26@gmail.com .

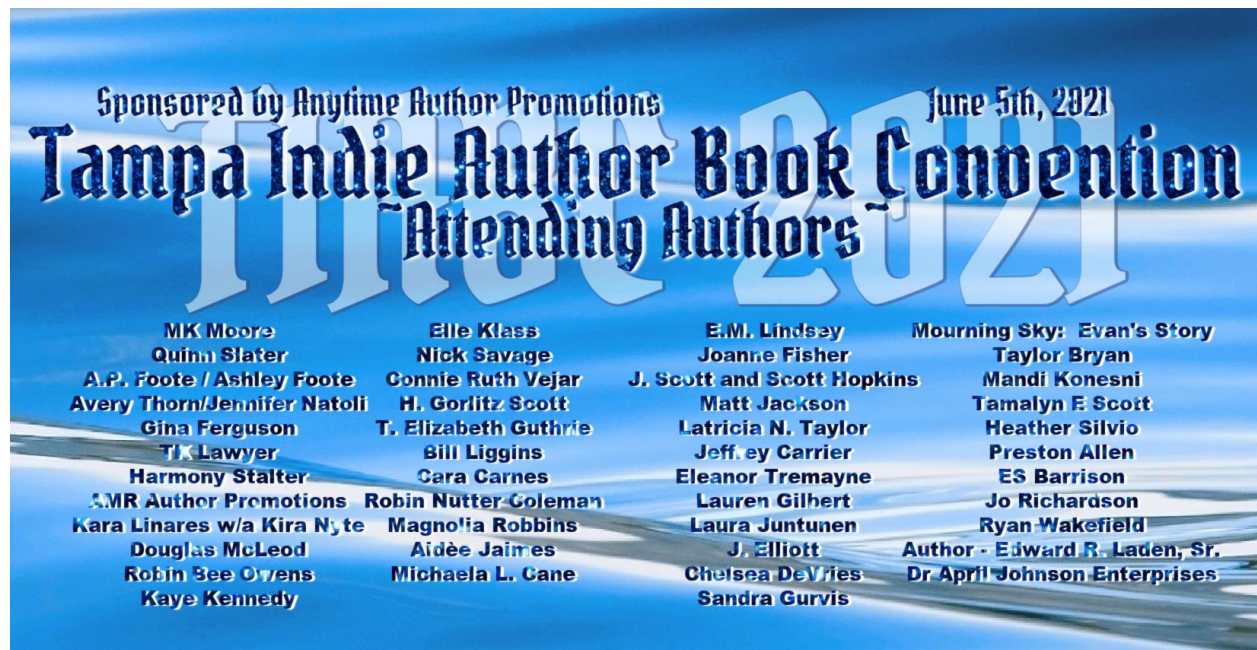
For Immediate Release

May 15, 2021

Chelsea DeVries

Publicist

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Sponsored by Anytime Author Promotions June 5th, 2021

Tampa Indie Author Book Convention

Attending Authors

MK Moore	Elle Klass	E.M. Lindsey	Mourning Sky: Evan's Story
Quinn Slater	Nick Savage	Joanne Fisher	Taylor Bryan
A.P. Foote / Ashley Foote	Connie Ruth Vejar	J. Scott and Scott Hopkins	Mandi Konesni
Avery Thorn/Jennifer Natoli	H. Gorlitz Scott	Matt Jackson	Tamalyn E. Scott
Gina Ferguson	T. Elizabeth Guthrie	Latricia N. Taylor	Heather Silvio
T.K. Lawyer	Bill Liggins	Jeffrey Carrier	Preston Allen
Harmony Stalter	Cara Carnes	Eleanor Tremayne	ES Barrison
AMR Author Promotions	Robin Nutter-Goleman	Lauren Gilbert	Jo Richardson
Kara Linares w/a Kira Nyte	Magnolia Robbins	Laura Juntunen	Ryan Wakefield
Douglas McLeod	Aidée Jaimés	J. Elliott	Author - Edward R. Laden, Sr.
Robin Bee Owens	Michaela L. Cane	Chelsea DeVries	Dr April Johnson Enterprises
Kaye Kennedy		Sandra Gurvis	

Author Chelsea DeVries to appear in person at the 2021 Tampa Indie Author Book Convention

DeVries will be one of several authors/artists to appear at the Tampa Indie Author Book Convention on Saturday June 5th, 2021 at the DoubleTree by Hilton Tampa Rocky Point Waterfront which is located at 3050 N. Rocky Point Dr. West, Tampa, Florida, 33607-5800, USA. General Admission is free to the convention with the event schedule to be announced soon via the official [website](#) but to attend the author signing entry is \$10 and the authors set to appear will be there from 10 a.m. to 3 p.m.

About the TIABC: What a reader can expect –

- **Authors** – There will be authors that you are following as well as authors that are new to you. You will have the ability to purchase paperbacks from the attending authors. We encourage you to stop by every table to discover new books and imaginations!
- **VIP** – VIP access is available, guaranteeing you admission to the convention.
- **BOOKS!!** – Authors will be offering paperbacks to purchase. This is a great time to buy books to save you money in shipping! Many authors offer great deals on their books. Pricing may be less expensive, too! Come prepared to stock up on some of your favorites as well as new and exciting releases!
- **Friends!** – Although, authors are the main draw to any book convention, many readers meet their on-line friends for the first time in person at book conventions. Start thinking about who you would like to meet and INVITE THEM!!

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Contact Form on the [website](#). For more information about Chelsea DeVries or to schedule her for an in-person reading or appearance at your independent bookstore or business, contact her at smartcookiepr26@gmail.com .

For Immediate Release

May 15, 2021

Chelsea DeVries, Publicist

smartcookiepr26@gmail.com

No more canceled events: Bookfest 2021 is here to save the day!

2020 was a year that meant anyone published during it couldn't promote their book live and in person on behalf of the safety of all people. Well, no global pandemics are set to disrupt this completely virtual 2 day Bookfest which features a full litany of both independent and traditionally published authors. It will be entirely online and feature virtual meet and greets with all authors that are set to appear, panelists, and keynote speakers. The cost to register is \$30 but gives you unlimited access to all parts of the event interface via the online event site including access to authors booths where they are able to "meet" you via Zoom video chat. This is the first inaugural event to date but may in fact be what the future looks like for bookish events and gatherings. Some keynote speakers set to appear are Chloe Gong, Katie Zhao, among others.

Your all-access pass to Bookfest includes:

- Over 2 full days of fun and learning,
- HUNDREDS OF BOOKS,
- 65+ sessions to choose from,
- 100+ authors and 28 author panels,
- 7 book buzz sessions,
- 7 Editors' Picks sessions amplifying diverse voices,
- Edelweiss training and professional development,
- New books from 50+ publishers,
- Shopping at your local independent bookstore,
- Music by Valerie June, Tank & the Bangas, and more,

- Games, meditation, meetups, and yoga,
- And a complete celebration of books!

About the author: Chelsea DeVries wanted to be a writer at the age of 7. Her first publishing credit came at the age of 14 with a poem in a student anthology. She then wrote nonstop while doing IB classes in high school. She published two YA novels while still in high school which after over 10 years she rewrote as a NA romance that she looks to put out in the coming year. She is a seeker of justice and uses her words to free this world's outcasted, peculiar, and underdogs from the chains that bind them. When not writing she runs and does PR for authors and musicians with her bookish brand The Smart Cookie Philes. Though she's Florida born and raised, she has New Jersey in her veins. She currently lives in Port Richey, FL with her squad of three dogs. You can follow her on Instagram and Facebook at @onegirlrevolution26_, and her squad at @dasquad26. In October 2020, DeVries was diagnosed with Asperger's Syndrome which is a form of Autism.

For more information about Bookfest visit their website [here](#) or contact host Alison Langlois.

For more information about Chelsea DeVries's appearance schedule, visit chelseadevriesauthor.wordpress.com or contact her at smartcookiepr26@gmail.com.



For IMMEDIATE RELEASE
May 2021

Taking Local Bookish Love to the Internet: 3rd Annual RV(irtual)A Booklovers' Festival

Chelsea DeVries is delighted to announce they will be participating in the Author Expo at the 3rd Annual RVA Booklovers' Festival this Saturday, May 8, 2021 from 11 am to 5 pm EST! This year's event, RV(irtual)A Booklovers' Festival, will be accordingly hosted online on Hopin. Register for your free ticket [here](#)! The Festival's Author Expo will feature books by authors of many genres from around the country, as well as indie presses and literacy organizations. The Main Stage will boast several excellent panels like Framing History through Fiction, Middle Grade Magic, and Get Lucky: Romance, featuring authors like Amanda Quick and Simon Van Booy. The Kids' Stage will feature book readings all day long, while the Poet-tree Stage will explore some spoken word, readings, panels, and more, emceed by Virginia's first ever Poet Laureate, Roscoe Burnems. The virtual event will serve as an opportunity for isolated, international writers and readers to

come together, share ideas, and celebrate their love of the written word while connecting with the greater bookish community. The 3rd Annual RV(irtual)A Booklovers' Festival is presented by Fountain Bookstore and Brandyane Publishers, Inc. The event is honored to be sponsored by Libro.fm, The Poe Museum, e-Audio Production, and Sam Miller's. This event is free and open to the public. For more information, contact smartcookiepr26@gmail.com

Praise For *Sticks & Stones*

In the first month following release: *Sticks and Stones* made #54 on the Amazon India best-seller list.

Sticks and Stones is a tortuous and twisted read and the formaldehyde perfume intrigues me. Yet, all jokes aside, DeVries opens up vital dialog about the struggles everyone has felt: social rejection, mental health, suicidal thoughts, and the mixed signals from an unrequited lover.

Yet, through self-awareness, acknowledgement, and the power of faith, we overcome and arise strong.

-Five Star Reviewer on Barnes and Noble.com

A volume of poetry and prose focuses on a toxic work environment.

In a lengthy preface, DeVries shares how this thought-provoking collection was informed by emotional abuse, sexual harassment, and an unrequited office romance at a workplace “that felt like sandpaper on my skin.” In the first section, “Sticks,” the author examines the frustration of feeling unloved: “I’m just a girl / who wants that frat boy / with the sensitive side / to tell her she’s beautiful / right before he kisses her.” The second section, “Stones,” starts with a 15-page prose poem about DeVries’ initiation into the “blowjobs of jobs” that includes bullet-point lists of her object of desire’s personality and evidence that he had feelings for her. She then returns to ruminating on her former crush. Throughout, the author uses multiple epitaphs; some are Bible citations and others come from the likes of Dostoyevsky, Harold Kushner, and George Washington. Pop-culture figures and social media, like Taylor Swift, Facebook, and YouTube, are also referenced. In the preface, DeVries lays bare a litany of wrongdoings she’s suffered, from sexual assault and near-fatal medical negligence to ostracization and mental cruelty. The intent of sharing these harrowing experiences is admirable. In addition, the author’s similes and metaphors are often clever (“The look my sister just steered straight for me / Like a zamboni with no brakes”) or heartfelt (“Today I am sad / Like a wingless dove”). A sincere and timely but uneven collection.

-Kirkus Review

Honest. Powerful truths and personal accounts. I was pleased with the author's choice of words. I will say that this work is empowering, for anyone that has felt less than. This is your story as well.

-Five Star Review on Amazon.com

I will preface this by saying that I am typically not a reader of poetry. However, this year I committed to reading genres that a typically wouldn't usually so when @wittywriterpoet26 reached out and offered to send me a copy of her new poetry collection I was so excited! Chelsea is such a sweet and beautiful soul and that definitely comes across in her poems. This book uses poetry to tell the story of her experiences working in a toxic work environment and how she found and lost a love that left her broken and with a desire to heal and rebuild. Chelsea is very transparent in this book and I loved how she held nothing back. It is obvious that she's passionate about growing as a person through her faith, passions, and journey to self love. This book was such a lovely introduction into the world of poetry and definitely left me wanting to read more.

-Three Star Review on Amazon.com

In this book, poetry serves as an instrument to tell a story about finding the courage to stand up against oppression and the strength to overcome internal struggles. What I like most is the author's authenticity. The way the author bled all over these pieces is evident in her tone and choice of words. She made the poems very personalized and tailored to her own experiences, creating a

coherent story throughout the collection. I commend the author for the courage to deliver an honest story that will empower many others. I think poetry enthusiasts who adore poems about love and empowerment will find this book a pleasurable read.

-OnlineBookClub.org Reviewer

Honest. Powerful truths and personal accounts. I was pleased with the authors choice of words. I will say that this work is empowering, for anyone that has felt less than. This is your story as well.

-Amazon Reviewer

Media Bookings and Features

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[Grace & Hope Consulting Podcast](#)

[Suncoast News Article May 25, 2022](#)

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[Suncoast News Article March 9, 2022](#)

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[Book of The Year Press Release](#)

[Firside Chat With Chelsea DeVries \(Podcast\)](#)

[Bookfest Exhibit: Sticks and Stones](#)

[Mental Health Month Blog Feature: Little House of Treasures](#)

<https://www.nfreads.com/interview-with-author-chelsea-devries/>

[Attending Tampa Indie Author Book Convention 2021](#)

